



AQUA BAG AQUA BALL

The AquaBag and AquaBall are the “all you need” fitness equipment. When filled with water and air, these training bags will increase imbalance in every movement.

Constant corrections help strengthen muscles that would otherwise be ignored. The largest size can weigh up to 40kg! Due to the versatility of the AquaLine the equipment is suited for Core, Strength, Coordination and much more!

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Three different sizes - For all ages
Required blower: hand pump
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Fits in your backpack!
Inflation time: 1 minute
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Completely silent
Adjust the weight to your skill level
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Item

AquaBag S	Ø 20 x 65 cm - 15kg max
AquaBag M	Ø 20 x 85 cm - 25kg max
AquaBag L	Ø 25 x 85 cm - 40 kg max
AquaBall S	Ø 30 cm - 15kg max
AquaBall M	Ø 40 cm - 25kg max
AquaBall L	Ø 50 cm - 40kg max

Accessories

- Hand pump (included)
- Foot pump
- Scale
- Carrying bag

